

Unbox & Inventory

- 1 gal McEnroe Organic Farm lite growing mix
- 1 Grassroots® 1 gallon bottomless planter
- 1-10" plastic tray
- 1 pH meter
- 2 oz. Gaia Green dry amendment
- 1 garden shear
- 1 hygrometer
- 1 set of gloves
- 3 ft. Bud Trainer™ BudHuggers
- 4 Bud Trainer™ BudClips
- We Grow NYC color soil guide
- Grove Bags™ for post-harvest storage
- Evergreen storage pod

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Site Selection & Setup

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- Pick a spot with at least 6 hours of bright light (sun or a grow lamp).
- Place the bottomless planter on the tray or saucer to catch runoff.

Pot & Soil Prep

- Tear open the McEnroe Organic Farm lite growing mix and lightly fluff the soil.
- Fill the Grassroots® bottomless planter to within 2" of the rim (this headspace makes watering easier).
- Gently level the surface with your hand or a small trowel.

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Planting Your Seed

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- Using a pencil or your finger, make a small hole about ½"-1" deep in the center of the soil.
- Drop your seed in the hole and cover lightly.
- Mist the surface until evenly damp (avoid puddles).

Water-Only Regimine

- Your McEnroe Organic Farm lite growing mix is pre-amended for a full grow cycle-no extra nutrients required.The included dry amendments are an optional addition.
- Water when the top 1-2 inches of soil feel dry.
- Aim for a light, even soak; allow excess to drain through your Grassroots® fabric planter.
- Your bottomoless planter can be your plant's final home. If you decide to move it to a larger space (planter/in the ground), simply place the bottomless planter on the new soil bed, water, and enjoy.

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Monitoring Soil Health

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- Use the pH Meter to check soil pH for healthy nutrient uptake.
- Place the Digital Hygrometer near your plants to monitor temperature and humidity.
- Check your readings regularly and adjust conditions as needed.
- Track pH, temperature, and humidity throughout the growing cycle.

Early-Stage Training

- Once your plant reaches about 6" tall, wrap Bud Trainer™ Bud Huggers (garden-wire ties) gently around the main stem.
- Anchor the ties to the an object below the planter's rim and bend the stem outward to create an even canopy.
- Re-tie every 5-7 days, gradually opening up the plant to light and airflow.
- Place the Bud Trainer™ BudClips vertically along the main stem, encouraging the plant to bend toward 90. and allowing light to access leaves below the canopy.

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Mid-Flower Care

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- Continue water-only feedings every time the top 1" of soil dries to guide robust bud development.
- Watch leaf color and carefully monitor pH and moisture to avoid issues.

Harvest & Dry

- When trichomes (resin glands) turn milky-white, it's harvest time. Using a jeweler's loupe or a microscope app will help you monitor the trichomes best.
- Clip branches and hang upside-down in a dark, well-ventilated space at 60-65% humidity.

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Cure & Store

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- Once dry to the touch (stems snap), trim buds and place them in Grove Bags™ for air-tight storage.
- "Burp" the bags daily for the first week, then weekly for two more weeks to lock in aroma, flavor, and potency.